



# The William E. Brown News

March 1, 2017

## District School Board of Niagara

### William E. Brown

31870 Lee St.  
P.O. Box 148  
Wainfleet, ON  
L0S 1V0  
905-899-3471  
web@dsbn.org

### Principal

Mrs. L. Sauer  
905-641-2929 x39501

### Superintendent

Mr. John Dickson  
(905)-641-1550

### Director of Education

Mr. W. Hoshizaki  
(905)-641-1550

### Trustee:

Mrs. Diane Chase  
905 932-4475  
Diane.chase@dsbn.org

## Principal's Message

February was an amazing month at William E. Brown.

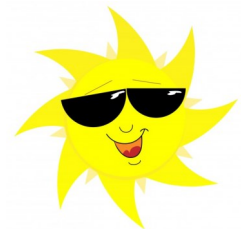
We had several students participate in Pink Shirt Day and our Make Change for Children campaign is wrapping up.

In March we look forward to a DreamBox challenge for students in Kindergarten to Grade 8, a Beach Party Dance-a-Thon, Chess Club, Junior Boys and Girls Basket-

ball.

Attention Ladies, we are planning a Wainfleet, Girls Night Out hosted at William E. Brown. On the evening of Wednesday, April 12, we will be hosting vendors in our gym. If you know of local vendors who would be interested, please have them contact the school.

The staff and I wish you all a safe and relaxing March Break.



## Updates from The School Advisory Council

Last Meeting, Wednesday, March 1

### Inside this issue:

Optimism Winners	2
Cereal and Cracker Drive	2
Ladies Night Out	3
Santa's Swap Shop	3
Upcoming Events	3
Prom Project	4
Public Health Corner March is Nutrition Month	4

The School Advisory Council has approved the funding Scientist in the Classroom Program for all classes. This will be an enrichment experience in which students will experience a free workshop that focuses on Science, Technology, Engineering and Mathematics (STEM).

A note from the Breakfast Club—The Breakfast Club funding is based on Canada's Food Guide to Healthy Living. Our mid-morning meal must have one dairy product, one whole grain and one fruit/vegetable. As a result of these guidelines, we are not able to accommodate specialized diets (such as gluten-free, dairy free and/or vegan). Please talk to your child about making dietary choices that reflect their personal health needs and ask questions to the volunteers about their food choices. The menu is always posted outside of the main office, if parents have any questions. We are also in need of more volunteers for Friday. Thank you for your understanding.

We are exploring a Bacon Fundraiser in June (delivery around Father's Day) and a Garbage Bag fundraiser as well...please stay tuned! The next School Advisory Council will be a Joint Parent Council @ Port High on March 28, 2017

## Optimism Winners

**The Kindergarten Team**  
 Hunter K., Franki B., Teagen D.,  
 Audrey M., Simon V.

**Grade 1**  
 Emmett F., Serenity L.

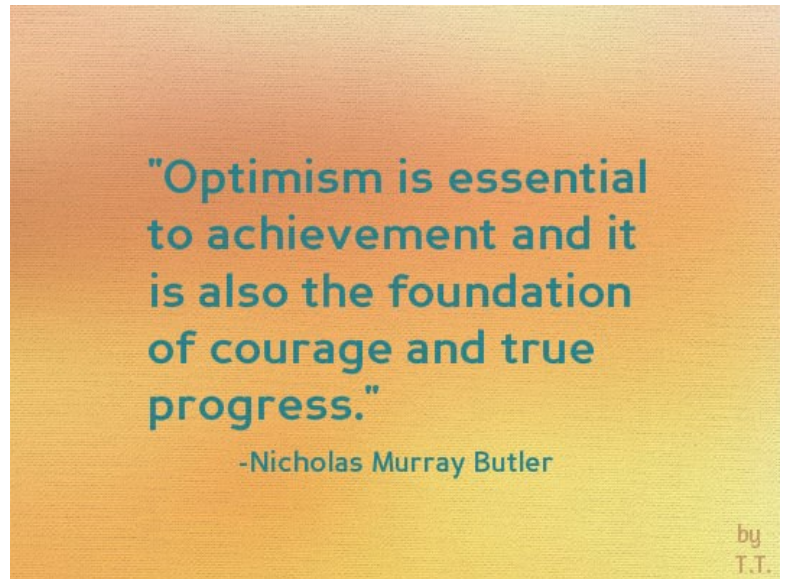
**Grade 2**  
 Mila L., Duggy W.

**Grade 3**  
 Ryder G., Owen R.

**Grade 3/4**  
 Liam L., Suri W., Alexis T.

**Grade 5/6**  
 Ashlyn B., Arwyn M., Gracie B.

**Grade 7/8**  
 Alex D., Hunter R., Keegan C.



### Cereal/Cracker Drive



We have been challenged to run a Cereal/Cracker Drive which will run from March 1 to 31. The donated items will directly benefit the children as they will be used for our William E. Brown mid-morning snack program. The more boxes collected, increases our chances of winning the grand prize – a school wide breakfast served by the Niagara River Lions. Due to the Nutrition Guidelines put out by the government, we are limited to accepting the following product:

#### Cereal

- Quaker Life Original Cereal
- Shreddies
- Multigrain Cheerios

#### Crackers

- Original Triscuit
- Multigrain Breton
- Multigrain Wheat Thins

Thank you for your support!

## Ladies Night Out—Wednesday, April 12th, 2017

Attention Ladies and Gentlemen,

Just before Mother's Day, William E. Brown will be hosting a Vendor Fair on Wednesday, April 12th from 5pm-8pm.

Ladies it will be the perfect time to pamper yourself with the newest and latest health, beauty and home and personal items.

Gentlemen, it may be a great place to purchase Mother's Day gifts for those special ladies in your life.

If you have a business or know of someone who would like to take part in the evening.

Please contact the school for additional information:  
leigh.sauer@dsbn.org

or



### DSBN E-Flyers

To check out community events and March Break activities, online go to:

1. [www.dsbnschools.org](http://www.dsbnschools.org)
2. click "Community"
3. click "eFlyer Service"

### Santa's Swap Shop

Just a reminder if you are getting an early start on your spring cleaning that Santa's Swap Shop accepts all donations of new and gently used household items, knick-knacks, toys, and books.

Thank-you for your support of the next Santa Swap Shop where all monies raised go to charities and needs in our community.

## Upcoming Events at WEB...mark your calendar

### March

- 7 River Lions vs KW Titans Gr 3-8, Meridian Centre
- 10 Beach Day Theme and Beach Party Dance-A-Thon
- 13-18 Winter Break
- 21 Skating
- 28 Skating; Joint Parent Council Meeting @ Port Colborne High School
- 30 Area 2 Chess Tournament

### April

- 1 2:30 Perseverance Assembly
- 12 Girl's Night Out—Vendor Fair at William E. Brown 5pm-8pm
- 25 Canada's Got Talent—Matinee and Evening Performance

## Education Foundation of Niagara

### Prom Project Niagara 2017 – Free Formal Wear Opportunity

Prom Project Niagara is a one day fun free formal wear extravaganza for girls and guys!

Students can select their perfect head-to-toe look for their prom, formal, or graduation for FREE!

This year, we are offering Prom Project Niagara at:

- St. Catharines Collegiate **\*NEW MAIN LOCATION\***
- Beamsville Secondary School
- Fort Erie Secondary School



If you know of a student who could use this program, please join us on Saturday, April 8<sup>th</sup>, from 9:30 a.m. – 1:30 p.m. at one of our locations.

Inviting all students who are in need of formal wear for their special day!

For more information on Prom Project Niagara please call 905-641-2929 ext. 37712, email [efn@dsgn.org](mailto:efn@dsgn.org) or visit [www.efnniagara.ca](http://www.efnniagara.ca)

\*Note: for Welland and Niagara Falls schools: bus transportation is available to the St. Catharines site! Contact the Foundation to book your spot on the bus!

## Public Health Corner—March is Nutrition Month!

### Make Cooking A Family Affair.

---

Your kitchen doubles as a classroom that equips kids with life skills galore.

Cooking with kids is a great way to teach important life skills. Learning to cook now prepares them to cook for themselves when they grow up. It's also a fun hands-on activity that teaches literacy, science and math. It doesn't have to be complicated – start simply and build skills. Younger kids can help measure ingredients and stir. Older kids can help peel and chop vegetables. Once they're confident, they can help bake, broil or sauté. It might be messy. That's okay! Your kids can also help clean up.

Cooking with kids can take a little more time, but it's worth it! Learning how to cook helps kids develop healthy eating habits, increases self-confidence and teaches life skills. Here are a few tips to keep cooking with kids relaxed:

Give kids easy tasks, such as stirring, when you're in a hurry

Cook on weekends, when you can take more time to teach skills

Choose easy-to-follow recipes with lots of tasks kids can help with

Prepare some ingredients before you start cooking

Source: [www.dietitians.ca](http://www.dietitians.ca)